



COMMUNITY HEALTH ACTION TEAM - CHAT

Meeting held on 16 April 2007 at Barking Town Hall, Council Chamber

This meeting had invited 3 speakers:

Alan Leader - Katalyst Consultancy Well Being in Action

Sarah Ford - Project Manager, B&D Early Intervention in Psychosis Service

Anita Copplesstone - Training and Development Worker, HUBB

Katalyst

Alan Leader gave a very comprehensive overview of the work that Katalyst are doing for North East London Mental Health Trust (NELMHT) and explained some of the very successful work they have done to improve service user involvement in Newham.

In NELMHT, they have been talking with many service users and have produced 'DIVERSE VOICES - ONE VISION' for NELMHT, a Charter for service user and carer involvement, with a set of principles and values. Diverse Voices has already been circulated to CHAT members and Katalyst are looking for feedback, so if you have any comments to make, please make them.

The next thing Katalyst is doing is to develop a set of service user-led Standards, that can be applied to all NELMHT's services. When these Standards have been published, consulted on and agreed, they will be published openly and all services will then be monitored (by service users) against the published standards.

Alan will send the draft Standards to Tulip and Andrew will then send them out to all CHAT members. We will then arrange another CHAT meeting to feedback our comments on the Standards to Alan. In between getting the draft Standards and meeting with Alan, it will be important for all services (including HUBB, Tulip, Rethink; DABD) to talk with service users about the Standards and for service users to talk to one another. We will then have lots of ideas to feed back to Alan when we next meet. **REMEMBER, THESE SERVICES ARE BEING PROVIDED FOR YOUR BENEFIT, LET'S MAKE SURE, TOGETHER, THAT THEY ARE PROVIDED TO AN ACCEPTABLE STANDARD!!**

Early Intervention in Psychosis

Sarah Ford gave a very helpful presentation on the Early Intervention in Psychosis Service that NELMHT is developing in Barking and Dagenham. This is a very exciting and much-needed development. A service focusing on people experiencing early disturbance and a possible first episode of psychosis.

The service is still in the development stage so not everything has been decided/finalised, but the service is likely to work with young people aged from 16 - 30 and service delivery is hoped to begin in July. Adverts are already being prepared and applications from suitably qualified/experienced service users will be welcomed. Sarah said that there will be a service user on the interview panel. It was suggested that new workers could meet with members of CHAT to hear their experiences of mental ill health as part of their induction.

Sarah circulated a paper explaining the service and if you have any comments, she would be delighted to hear them.

HUBB

Anita explained that HUBB are setting up the next round of Mental Health Awareness training. Several service users spoke of their really positive experiences of the training in the past, which had given service users not just skills and expertise, but confidence. Any service users interested were encouraged to contact Anita.

Appointment of NELMHT Chief Operating Officer/Deputy Chief Executive

Andrew told CHAT members that he had been told that there were 3 spaces for service user to meet with candidates who had applied for the above job. A meeting would be held to find out candidates' views, opinions and ideas about improving the service user experience. Service users interested, were asked to give in their names and contact details.

Next meeting

As soon as Andrew has received the Service User Standards from Katalyst, he will arrange another meeting date and let everyone know.